

SOCIAL GROUPS

Mahjong Western Style

Friday 9.30am - 12pm

Beginners welcome!

Cost: \$40 per Term

Coffee & Tea included



Knitting Group

Come join us and knit a square to make a blanket to help those less fortunate in our community to keep warm this winter. We have needles and some wool to get you started.



COMMUNITY LUNCH

Burmese Cuisine

Date: Fri 7 Aug & 4 Sep

Time: 12.30pm - 1.30pm

Cost: \$10. Booking essential.



Book Club

Join us to share your favourite book. Bring a book, bring a friend, and enjoy a relaxed morning of conversation and connection!

Dates: 27th Jul & 24th Aug

Time: 11am - 12pm

Cost: Gold coin, Tea & coffee provided.

WE'RE GOING OUT FOR LUNCH!

Date: Wednesday 16th September

Time: 12.15pm

RSVP: 9th September

Suggestions for the venue are welcome!

NEW

FREE Sunday Yoga - Sunday Sessions

Join us for FREE Gentle Yoga with Grace every Sunday during August.

These Sunday sessions are the perfect way to start your Sunday morning. Please bring a yoga mat, blanket and a water bottle

Dates: 2, 9, 16, 23 & 30 August

Time: 10:30am - 11:30pm

Everyone is welcome!

Bookings essential!



NEW

Community Bakery - Bakehouse

We are very excited to let you know that we are starting a Community Bakehouse, where donated bakery items will be available for everyone to take for free fortnightly, starting Wednesday 22 July from 10:00am until everything is gone.

We have partnered with Village Well (Bakehouse Network Project) and local community bakeries in the area, to cut on food waste and we are very thankful for their support.

Please bring a bag for your bread and a reusable coffee cup if you would like a hot drink.

We look forward to welcoming you!

New Volunteers are welcome!

Dates: 22/7, 5/8, 19/8, 2/9 and 16/9



COMMUNITY
BAKEHOUSE
NETWORK

Local groups. Rescued food. Stronger together.



KERRIMUIR
NEIGHBOURHOOD
HOUSE

Term 3, 2026 Course Guide

Monday 13th July - Friday 18th

September 2026



Wednesday, 9th September
at 12:30 PM

Yoga Meditation paired with a
delightful Devonshire Tea, just \$10!
Don't forget to book your spot!

57 Linda Avenue, Box Hill North VIC 3129

Phone: (03) 9899 7660

E-mail: info@kerrimuirhouse.org.au


Facebook <https://www.facebook.com/KerrimuirNH>


Website <https://www.kerrimuirhouse.org.au/>



ART ADULTS

Watercolour Classes

Unleash Your Inner Artist! 
Join our Watercolour Classes and explore the tips, techniques, and creativity behind this beautiful art form. Whether you're a beginner or looking to refine your skills, these sessions are perfect for you.

 Learn to create stunning works of art in a relaxed and supportive environment!

Thursdays 9:30am - 11:30am

16th July - 10th September (9 weeks)

Cost: \$225 per Term (9 Weeks)

Casual Classes : \$35

Fridays 9:30am - 11:30am

17th July - 11th September (9 weeks)

Cost: \$225 per Term (9 weeks)

Casual Classes: \$35

Kerrimuir Neighbourhood House Inc.
gratefully acknowledges support from:



Direct Deposits for Class Fees

BSB: 633-000 Acc No: 149 516 049



EXERCISE / HEALTH

STRENGTH & FITNESS CLASS - SENIOR ADULTS

In this class, you will utilize hand weights, engage in movement, and perform circuit exercises to enhance your general fitness.

Wednesdays 9:30am - 10.30am
15th July - 16th September

Cost: \$150 per Term (10 Weeks)

Gentle Chair Fitness - Stretch & Strength Senior Adults

Join us for a gentle exercise class that blends soft movements with weights to enhance muscle tone, coordination, and balance, along with a much-needed body stretch.

Mondays, 9:15am - 10am
13th July - 14th September

Cost: \$120 per Term (10 Weeks)

Walking Group

Come along and join in our walking group. Great way to keep up your fitness and meet others. We often stop for a coffee or Tea at a local Café.

Mondays 10:00am
(meet at house during School Term)
Cost: \$5 per term (admin fee)



SOCIAL GROUPS

Tuesday Kerrimuir Playgroup

Tuesday during school Term

Time: 9.30am - 11.30am

Age group: 0 - 2 years old

Cost: \$20 per Family per Term

English Conversation - beginners

Join us for a friendly conversation to practice your English to get ready for your everyday life situation.

Tuesday 14th July - 15th September

Time: 10am - 11.30am

Cost: \$40 per Term

Call us to enroll on 03 9899 7660

Learn to speak Mandarin

Join us for a friendly conversation session

Date: Fridays 17th July - 11th September

Time: 12 - 2pm

Cost: \$150 per Term

Call us to enroll on 03 9899 7660

Table Tennis – New Program Starting Soon!

Come along and enjoy social table tennis in a relaxed and friendly environment.

Whether you're a beginner or an experienced player, everyone is welcome to join in for fun, fitness, and great company..

What to bring: Water bottle & comfortable shoes

Cost: \$2 per session

Dates: Mondays & Tuesdays 12- 2pm
Evening by arrangement.

Interested? Contact us to register your interest and be the first to hear about the start date. We look forward to seeing you there! 