

SOCIAL GROUPS

Rainbow Families Playgroup

Rainbow Family Playgroup is open to all families in the LGBTIQ+ community. This playgroup provides the opportunity to connect with other Rainbow Families with young children in your local area to build a supportive community for our children to grow up in. Feel free to bring along a snack for morning tea.

Tuesdays 9.30am - 11.30am

11th Jul - 12th Sep

Cost: Gold coin if the your budget allows
Tea and coffee provided

Kerrimuir Nh Chatty Cafe

Come along to our free Chatty Cafe morning. Connect & make new friends while having a cuppa & a chat.
Tea & coffee provided. Everyone welcome!



Tuesday 1st Aug & 5th Sep

Time: 10am - 11am

COMMUNITY LUNCH

Burmese Cuisine

Booking essential.

Date: **Wednesday** 19th Jul, 16th Aug,
13th Sep

Thursday: 3rd Aug, 31st Aug

Time: 12 noon

Cost: \$10



Technology 1 on 1

IT support for participants

1 on 1 support for your iPhone, iPad or computer.
45 minute session, Cost: From \$45 - \$55
Booking required, Please call to book.

Kerrimuir Community Car Boot Sale

Expression of interest.

If you like a car space, let us know.

Held once per term at the House. Id once per term at the House.

SOCIAL GROUPS

Neighbourhood Friendship Group

City of Whitehorse & Kerrimuir Neighbourhood House in partnership are hosting Neighbourhood Friendship Group. This is an opportunity to connect & meet other families with children aged 0 - 3 years in your local neighbourhood. Light morning tea will be provided. All welcome - booking essential.



Where: Kerrimuir Neighbourhood House
Dates: Tuesdays 11/7, 25/7, 8/8, 22/8, 5/9
Time: 9.30am until 11am
Cost: FREE
Contact: Rachel Simpson
parentresource@whitehorse.vic.gov.au
or 0477 329 540

Book Club

Please join us to share your favourite book.

Dates: Monday 17/7, 14/8 and 11/9

Time: 11am - 12pm

Cost: Gold coin, Tea & coffee provided

Knitting Group

Come join us and knit a square to make a blanket to help those less fortunate in our community to keep warm this winter. We have needles and some wool to get you started.



**Office Hours: Monday to Friday 9am – 3pm.
School Holidays Closed**

Direct Deposits for Class Fees

BSB: 633-000 Acc No: 149 516 049

Facebook <https://www.facebook.com/KerrimuirNH/>

Website <https://www.kerrimuirhouse.org.au/>

Kerrimuir Neighbourhood House gratefully acknowledges



**KERRIMUIR
NEIGHBOURHOOD
HOUSE**

Term 3, Course Guide

10th Jul - 15th Sep 2023



**57 Linda Avenue, Box Hill North VIC
3129**

Phone: (03) 9899 7660

E-mail: info@kerrimuirhouse.org.au

ART

Watercolour Classes

Join in Watercolour classes and learn the tricks and techniques of creating beautiful pieces of art.

Thursdays 9:30am - 11:30am

13th Jul - 7th Sep (9 weeks)

Cost: \$198 per Term
(Class almost full)



Fridays 9:30am - 11:30am

14th Jul - 8th Sep (9 weeks)

Cost: \$198 per Term
(Class almost full)



Oil Painting class

Join us for oil painting class with the local Artist Bryan Fitzgerald.

Thursdays: 12:30pm - 2.30pm

13th Jul - 7th Sep (9 weeks)

Cost: \$198 per Term



Kids Creative Art Class

Join us for fun creative Kids Art Class with the very talented Artist Liling Chang (Anna).

Wednesdays: 4pm - 5.30pm

12th Jul - 13th Sep (10 weeks)

Cost: \$250 per Term
(2 split payments per Term acceptable)



Exercise

Strength Classes

Senior Adults

In this class you will use hand weights, movement and circuit work to improve your general fitness.



Wednesdays 9:15am - 9:55am

12th Jul - 13th Sep (10 weeks).

Exercise, Strength & Fitness

Improve your muscle tone, coordination, balance and core strength while improving your overall health.

Wednesdays 10:05am - 10:45am

12th Jul - 13th Sep (10 weeks).

Gentle Exercise for Senior Adults

This chair based class will combine gentle movement with the use of weights to improve muscle tone, coordination and balance.

Thursday 9.15am - 9.55am

12th Jul - 13th Sep (10 weeks).



Exercise, Strength & Fitness

Improve your muscle tone, coordination, balance and core strength while improving your overall health.

Thursday 10:05am - 10:45am

Participants of KNH strength classes may be asked to consult with their Doctor.

COST: Wed & Thu \$100 (10 weeks)

Walking Group

Come along and join in our walking group. Great way to keep up your fitness and meet others. We often stop for a coffee or Tea at a local Café. Mondays 10:00am (meet at house during School Term)

Cost: \$5 per term (admin fee)

Adults Drawing Classes

Expression of interest

Wednesday: 5.45pm - 7.45pm

12th Jul - 13th Sep (10 weeks)

Cost: \$250 per Term

- We offer small size groups
- Different types of art classes,
- Creative art & Professional art
- Chinese painting & calligraphy



UPCOMING



Day out - Healesville

We are going on a tripp!

Date: Wednesday 6th Sep at 10am

Departure: Kerrimuir NH

Return: 2.30pm approx.

What's included: transport, morning coffee at flower farm (The BIG Bouquet) & a great company.

Lunch at own cost @ Healsville Pub.

Cost: \$ TBC once numbers are finalized

Minimum numbers need to be met.

UPCOMING

Biodiversity - Speaker Term 3

Biodiversity is made up of two words: 'biological' and 'diversity'. In broad terms, it refers to the ecology and varied species that live on Earth or in a certain area. This includes trees, shrubs, insects, animals, fungi and more. Most of Australia's native species are not found anywhere else in the world. LET's find how to protect this wonder nature in our own yard with us at Kerrimuir NH . FREE Event Date: TBC, more info to come!